Banana Corn Muffins

Makes 12 medium-sized muffins

One 12-oz. pkg. Flako Corn Muffin Mix.
1 tablespoon sugar
½ cup chopped walnuts
½ cup mashed ripe banana
1 egg
⅓ cup milk

Heat oven to hot (400°F.). Grease 12 medium-sized muffin cups. Empty contents of package into bowl. Blend in sugar, walnuts and banana. Add egg and milk. Blend only until dry ingredients are thoroughly moistened. (Batter should be slightly lumpy.) Fill prepared muffin cups half full. Bake in preheated oven (400°F.) about 15 minutes or until golden brown.